

# Geary County Pathways to Fitness and Community Races

September 15<sup>th</sup>, 2018

Register at

[www.Manhattanrunningco.com](http://www.Manhattanrunningco.com)

or at JCHS Shenk Gymnasium

September 14<sup>th</sup> 5-8 p.m.

Cost: \$5

Top 3 placers in each heat receive  
MEDALS!

The school with the most participants  
will be awarded with a banner during  
a JCHS football game!

## Race Schedule

### At Simpler Stadium

- 6:30 a.m. race check-in/packet pick-up
- 7:30 a.m. Community 2 mile run (including 6-12 graders)
  - 8:45 a.m. K-2: ¼ mile run
  - 9:15 a.m. K-2: ½ mile run
  - 9:30 a.m. Grades 3-5, ½ mile run
  - 10:00 a.m. Grades 3-5, 1 mile run
  - 10:15 a.m. Grades 6-8, 1 mile run
- Times are subject to change depending on the number of heats for each race. Plan to arrive early!

## Race Awards and Equipment Dedication

Playground Park  
5<sup>th</sup> & Eisenhower  
10:30 a.m. -1:00 p.m.

**FREE** healthy snacks, multigenerational playground equipment dedication, door prizes, local fitness vendors and health agencies. Tobacco Free Resolution!



PATHWAYS to a  
HEALTHY  
KANSAS



BlueCross  
BlueShield  
of Kansas